

2024 STRIKE ZONE FALL COMPETITIVE LEAGUE SCHEDULE & RULES

AGES 9-10

Head Instructor for clinic and supervisor/Ump for games: Steve Lefebber s.lefeber@cox.net & Tanner Cissell tannerc@strikeoneomaha.com

****Please read the information below in Yellow pertaining to your league**

Practice	Sunday, August 25, 2024	10:00-11:30 AM	Team 1(1B) Skills & Drills workout	CBRC #5
Practice	Sunday, August 25, 2024	11:30-1:00 PM	Team 2(3B) Skills & Drills workout	CBRC #5
Labor Day	Sunday, September 1, 2024	Labor Day	Labor Day	Labor Day
WEEK #1	Sunday, September 8, 2024	10:00-11:00 AM	Workout for Team 1 & 2	CBRC #5
	Sunday, September 8, 2024	11:15 AM	1 vs 2	CBRC #5
WEEK #2	Sunday, September 15, 2024	10:00-11:00 AM	Workout for Team 1 & 2	CBRC #5
	Sunday, September 15, 2024	11:15 AM	1 vs 2	CBRC #5
WEEK # 3	Sunday, September 22, 2024	10:00-11:00 AM	Workout for Team 1 & 2	CBRC #5
No Steve	Sunday, September 22, 2024	11:15 AM	1 vs 2	CBRC #5
WEEK #4	Sunday, September 29, 2024	10:00-11:00 AM	Workout for Team 1 & 2	CBRC #5
No Steve	Sunday, September 29, 2024	11:15 AM	1 vs 2	CBRC #5
WEEK #5	Sunday, October 6, 2024	10:00-11:00 AM	Workout for Team 1 & 2	CBRC #5
	Sunday, October 6, 2024	11:15 AM	1 vs 2	CBRC #5
Week #6	Sunday, October 13, 2024	Rain Make Up Date	Rain Make Up Date	Rain Make Up Date
Week #7	Sunday, October 20, 2024	ALL STAR GAME	ALL STAR GAME	TBD

PLEASE NOTE: CONCESSIONS STANDS WILL BE OPEN. DO NOT BRING COOLERS OR FOOD INTO PARK

Council Bluffs(CBRC) -Take I-80 East all the way across river, then take 24th st exit and turn right. Take next available right and complex is on your right.

In the event of rain or rain forecast call 398-1238 Strike Zone hotline 2 HOURS BEFORE SCHEDULED GAME TIME.

Home team will be determined by coin flip.

Teams may take an infield before the start of game.

LEAGUE RULES

ALL PLAYERS WILL BAT IN EVERY GAME (1-13)

PITCHERS MAY THROW 3 INNINGS OR 60 PITCHES PER WEEK MAXIMUM (NO EXCEPTIONS)

FREE RE-ENTRY INTO POSITION PLAY (EXCEPT FOR PITCHER)

1.5 HOUR TIME LIMIT 6 INNING GAMES

4 COMPLETE INNINGS IS CONSIDERED AN OFFICIAL GAME

Added Rules we would like to implement for the league this fall

If a pitcher walks 3 consecutive batter we will ask the coach to designate a new pitcher into the line up

We will bat through the line up one time if three outs do not occur

Stealing will be allowed, but no lead offs to start. Can steal when pitcher releases ball

1 base on overthrows to start the season

BASES-65 FEET MOUND-46 FEET